



# Extra benefits at no cost

UnitedHealthcare® Community Plan members can now get even more no-cost benefits. Learn about how we're getting our members connected to the care and support that matters:

## New benefits for the new year



### No-cost diapers

Get up to 500 diapers at no cost for attending prenatal and postpartum appointments



### GED testing and support

No-cost study plans, online testing and 24/7 tutoring for members who want to get a diploma



### Housing application assistance

\$40 gift cards to reimburse housing application fees

## Plus, you can still take advantage of these other plan features at no cost to you:

- **OnePass Fitness benefit** – Unlimited access for members age 18 and up to 300+ gyms and Premium YMCAs in Virginia over 14,000 digital on-demand and livestream classes.
- **Menstrual supplies** – Eligible members can receive period-absorbing underwear at no cost.
- **Rides to non-medical sites** – Get round-trip rides to places of worship, grocery stores, public libraries, gym/fitness centers and other approved locations (12 round-trip rides per year).
- **Sticks for Kicks Plus!** – Earn up to \$100 in gift cards for approved vaccines for members up to age 18. Members can choose between Foot Locker® and Walmart gift cards.

## Extra benefits at no cost

- **Asthma support** – A no-cost hypoallergenic mattress cover and pillowcase for members with asthma
- **Boys & Girls Club** – Registration/membership at no cost for members up to age 18; excludes summer camp
- **Fotonovelas** – Comic book-style materials especially designed for Spanish speaking members, for learning about topics such as asthma, depression, diabetes, immunizations and obesity
- **Healthy Rewards** – Up to \$50 in gift cards for taking healthy actions
- **Home-delivered meals** – 14 no-cost meals conveniently delivered to a member's home after a hospital stay
- **Pain management and treatment** – Up to 6 visits per year to a network chiropractor for members 21+
- **Pregnancy resources** – Up to \$100 in gift card rewards, connections to helpful information and community services, and extra support during and after pregnancy
- **Routine vision** – 1 routine eye exam every 2 years for ages 21 and up
- **AbleTo for anxiety and depression** – Use the on-demand app to help dial down the symptoms of stress, anxiety and depression – anytime
- **Smartphone** – A smartphone with 1000 minutes and unlimited texts at no cost, plus 4.5 GB of free mobile hotspot data monthly
- **UHC Doctor Chat** – When you are ill or have health questions and can't get to your primary care doctor, you can talk to one in seconds, 24/7, with UHC Doctor Chat
- **UnitedHealthcare OMW™ (On My Way)** – A fun, interactive website that supports and prepares teens and young adults getting ready to live on their own
- **WW vouchers** – Attend 13 Weight Watchers meetings per year for qualified members ages 18 and up

### We're here to help

Questions? Chat with an advocate through [myuhc.com/communityplan](https://myuhc.com/communityplan) or the **UnitedHealthcare app**.

UnitedHealthcare Community Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. In other words, UnitedHealthcare Community Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free member phone number listed on your health plan member ID card, TTY 711, 8 a.m.–8 p.m., 7 days a week.

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-752-9434, TTY 711.

Korean: 참고: 한국어를 하시는 경우, 통역 서비스를 비용 부담 없이 이용하실 수 있습니다. 1-844-752-9434, TTY 711로 전화하십시오.