



Periodicity of Dental Services for Children				
Service	0-12 mos.	13-24 mos.	2-6 yrs.	7-20 yrs.
Oral Exam	x	x	x	x
Fluoride Supplements	x	x	x	x
Fluoride Varnish	x	x	x	
Cleaning with Fluoride		x	x	x
Sealants (permanent teeth)				x
X-Rays			x	x
Oral Hygiene Instructions	x	x	x	x
Dental Treatment	x	x	x	x

What To Do For Your Child’s Smile!

- Clean your child’s mouth twice a day, even if he/she does not have teeth yet. Wipe his/her gums with gauze. Anything that touches someone else’s mouth should not be allowed to touch his/her mouth.
- Once the first tooth appears, use a soft-bristled toothbrush and water to brush your child’s teeth.
- Children should have their first dental visit around the time of their first tooth eruption and no later than age 1.
- There should be 20 teeth in your child’s mouth by age 3.
- Never put your child to sleep with a bottle containing anything but water. Sugary foods and drinks should be avoided and products containing xylitol should be encouraged.
- Routine exams should occur every 6 months or as determined by your child’s dentist.
- Once your child learns not to swallow toothpaste, brush his/her teeth with a rice sized speck of fluoride toothpaste.

Insurance Information

Following is the contact information for UnitedHealthcare Community Plan that can answer questions you may have about your insurance plan and/or dentist.

HMO Contact Information

HMO	Member Services Phone #	Website Address
UnitedHealthcare Community Plan (UHCCP)	1-800-941-4647	www.uhccommunityplan.com

While every effort is made to ensure accuracy of the provider information in this directory, the status of providers may change over time. Some network providers may have been added or removed from our network after this directory was printed. In the event a provider is no longer with an office when you call, please ask the office if there are other participating providers at that location who treat members under 6 years of age. For further assistance, you may call Member Services at 1-800-941-4647 (TTY: 711).



*A LIST OF DENTISTS WHO CAN SEE YOUR CHILDREN UNDER AGE 6 APPEARS ON THE FOLLOWING PAGE

General Dentistry

Azita Emami, DMD 𠂇 *

20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Vitaly Friedman, DDS 𠂇 *

413 King George Rd Ste 201
Basking Ridge, NJ 07920
(908) 604-5959

Mehrangiz Mary Rostami, DMD, DDS 𠂇 *

20 N Finley Ave
Basking Ridge, NJ 07920
(908) 696-1588

Malathi Buddhi, DDS 𠂇 *

6 E Union Ave
Bound Brook, NJ 08805
(732) 412-3207

Sandeep Kaur, DDS 𠂇 *

1260 State Route 28 Ste 7
Branchburg, NJ 08876
(908) 255-4794

Mallika Bandi, DDS 𠂇 *

215 Union Ave Ste D
Bridgewater, NJ 08807
(908) 526-2266

Ming Ding, DMD 𠂇 *

477 Union Ave
Bridgewater, NJ 08807
(908) 627-6498

Hema Sarath, DDS 𠂇 *

500 N Bridge St
Bridgewater, NJ 08807
(908) 252-4410

Kaitlyn Terry, DDS 𠂇 *

500 N Bridge St
Bridgewater, NJ 08807
(908) 252-4410

Ruchika Verma, DDS 𠂇 *

720 Route 202-206 N Bldg 1b Ste 6
Bridgewater, NJ 08807
(908) 393-6929

Joseph Pinsker, DMD 𠂇 *

257 Us Highway 22 Ste C
Green Brook, NJ 08812
(732) 968-0086

David Young, DMD 𠂇

4432 Route 27 Ste Cn-201
Kingston, NJ 08528
(609) 497-0808

Diana Gurshumova, DDS 𠂇 *

255 N Main St
Manville, NJ 08835
(908) 526-2224

Gabriel Lerman, DMD 𠂇 *

255 N Main St
Manville, NJ 08835
(908) 526-2224

Binita Shah, DDS 𠂇 *

255 N Main St
Manville, NJ 08835
(908) 526-2224

Alpana Kaluskar, DDS 𠂇 *

42 Somerset St
North Plainfield, NJ 07060
(908) 412-0891

Marina Kuzmich, DMD 𠂇 *

46a Pearl St
North Plainfield, NJ 07060
(908) 756-5544

Augusto Wong, DDS 𠂇 *

116 Watchung Ave
North Plainfield, NJ 07060
(908) 757-5244

Melanie Hunt, DMD 𠂇

65 Highland Ave
Peapack, NJ 07977
(908) 234-0011

Syed Hussain, DDS 𠂇 *

1543 State Route 27 Ste 22
Somerset, NJ 08873
(732) 418-5000

Mitaben Shah, DDS 𠂇 *

1707 State Route 27
Somerset, NJ 08873
(732) 745-9898

Nwando Udom, DDS 𠂇 *

84 Veronica Ave Ste B1017
Somerset, NJ 08873
(732) 210-0505

Nicholas Avianto, DDS 𠂇 *

322 Greenbrook Rd
Green Brook, NJ 08812
(732) 627-1977

Rajvi Shah, DMD 𠂇 *

322 Greenbrook Rd
Green Brook, NJ 08812
(732) 627-1977

Meetu Soni, DMD 𠂇 *

322 Greenbrook Rd
Green Brook, NJ 08812
(732) 627-1977

Christina Belgrave, DDS 𠂇 *

812 Hamilton St Ste 1
Somerset, NJ 08873
(732) 846-2494

Pediatric Dentistry