

Helping employees choose providers based on cost and quality

The UnitedHealth Premium® program has been addressing variation in the cost and quality of health care for over 15 years and is one of the longest running physician quality and cost-efficiency designation programs in the industry. To help deliver high value, we continue to make enhancements, such as updating quality measures, using both condition-based episodes and procedure-based episodes to evaluate Neurosurgery, Orthopedics and Spine cost efficiency and using more precise specialty-specific health care market definitions to improve the relevance of cost efficiency measurements based on peer comparisons.

How the UnitedHealth Premium program works

Physicians are evaluated in various specialties using evidence-based medicine and national standardized measures. The Premium designation can help your employees locate quality and cost-efficient providers and review their options. They simply go to the Find a Doctor section on myuhc.com® or the **UnitedHealthcare**® app and look for blue hearts next to the providers' names.

Quality and cost efficiency can help lower the cost of care

When physicians practice evidence-based medicine and follow medical society and national industry standards, there are likely to be fewer complications and repeat procedures. Poor quality care can lead to higher complication and surgical repeat rates, unnecessary hospitalizations and longer hospital stays.

We use clinical information from health care claims to measure how physicians comply with evidence-based guidelines for quality and local market benchmarks for cost efficiency. The UnitedHealth Premium program is available to members, at no additional cost, and is fully integrated with customer service, clinical and online member experiences.

UnitedHealth Premium symbols look like this:



Premium Care Physician

The physician meets the UnitedHealth Premium program quality and cost-efficient care criteria.



Quality Care Physician

The physician meets the UnitedHealth Premium program quality care criteria but does not meet the program's cost-efficient care criteria or is not evaluated for cost-efficient care.



Not Evaluated for Premium Care

The physician's specialty is not evaluated in the UnitedHealth Premium program, the physician does not have enough claims data for program evaluation or the physician's program evaluation is in process.



Does Not Meet Premium Quality Criteria

The physician does not meet the UnitedHealth Premium program quality criteria so the physician is not eligible for a Premium designation.

The UnitedHealth Premium program includes these specialties and subspecialties

Allergy

- Allergy
- Allergy and Immunology

Cardiology

- Cardiology
- Cardiovascular Disease
- Cardiac Diagnostic
- Interventional Cardiology
- Clinical Cardiac Electrophysiology

ENT

- Otolaryngology
- Otology
- Pediatric Otolaryngology
- Head and Neck Surgery
- Laryngology
- Rhinology

Endocrinology

- Endocrinology, Diabetes and Metabolism

Family Medicine

- Preventive Medicine
- Family Practice
- General Practice

Gastroenterology

- Digestive Diseases
- Hepatology—Liver Disease
- Gastroenterology

General Surgery

- Abdominal Surgery
- Proctology
- Colon and Rectal Surgery
- Surgery

Internal Medicine

- Geriatric Medicine
- Internal Medicine
- Pediatric Internal Medicine

Nephrology

- Nephrology

Neurology

- Neuromuscular Disease
- Neurology
- Neurology and Psychiatry

Neurosurgery, Orthopedics and Spine

- Orthopedic Surgery
- Neurology Surgery
- Shoulder Surgery
- Knee Surgery
- Back and Spine Surgery
- Sports Medicine
- Hand Surgery

Obstetrics and Gynecology

- Gynecology
- Obstetrics
- Obstetrics and Gynecology

Pediatrics

- Pediatrics
- Pediatric Adolescent
- Adolescent Medicine

Pulmonology

- Pulmonary Medicine

Rheumatology

- Rheumatology

Urology

- Urology

Help your employees choose quality, cost-efficient health care

One of the ways you can help your employees with their health care is by providing guidance for them to find doctors who have been recognized for providing quality and cost-efficient care through this program. It's currently available in 45 states.

See the results

As an employer, you need actionable information that helps you achieve improved employee health and productivity. The UnitedHealth Premium program helps empower your employees to make more informed health care decisions. Sharing this information with physicians also helps health care professionals deliver quality care and use health resources efficiently. The result is a better health care system for all.

Learn more

Visit myuhc.com > Find a Doctor



The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

The UnitedHealth Premium® designation program is a resource for informational purposes only. Designations are displayed in UnitedHealthcare online physician directories at myuhc.com®. You should always visit myuhc.com for the most current information. **Premium designations are a guide to choosing a physician and may be used as one of many factors you consider when choosing a physician. If you already have a physician, you may also wish to confer with him or her for advice on selecting other physicians. You should also discuss designations with a physician before choosing him or her. Physician evaluations have a risk of error and should not be the sole basis for selecting a physician.** Please visit myuhc.com for detailed program information and methodologies.

If a doctor does not have a Premium designation, it does not mean he or she provides a lower standard of care. It could mean that the data available to us was not sufficient to include the doctor in the program. All doctors who are part of the UnitedHealthcare network must meet our credentialing requirements (separate from the Premium program).

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates.

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